How is the MGA EAP Different?

Many EAP providers require annual contracts and fees—we don't. MGA Counselling Services offers a flexible, pay-as-you-use model, making professional support accessible and affordable for businesses of all sizes.

No annual fees

Only pay for what your employees use. A small, one off sign up fee applies.

A dedicated team

Your staff will see the same trusted professionals, ensuring continuity of care.

Flexible access

In-person sessions in some locations, phone, online and email sessions are available.

Optional extras

We offer additional services, including workplace training, supervision, group debriefs, and the option for a "Bring Your Own" (BYO) counsellor if your team prefers their own trusted professional.

mga Counselling SERVICES

MGA Counselling Services:

Employee Assistance Program

Supporting Your Business, Supporting Your People

Find Out More

Invest in your team's wellbeing with a trusted, hassle-free EAP solution. To learn more or book a no-obligation chat, call or email:

1300 38 50 20

matt@mgacounselling.com.au

mgacounselling.com.au

Your people matter.
Let's support them together.

"We believe in accessible, high-quality support, ensuring your employees receive the care they need to thrive."

MATT GLOVER

Who is MGA Counselling Services?

MGA Counselling Services provides professional, confidential mental health support for individuals, families, and workplaces. Our experienced team led by Matt Glover offers in-person and online sessions, specializing in areas such as stress, trauma, grief, relationships, and workplace wellbeing.

Find out more about MGA at our website:

mgacounselling.com.au

What is an EAP?

An Employee Assistance Program (EAP) is a workplace benefit that provides employees with access to confidential counselling and support services. EAPs help staff manage personal and work-related issues, improving overall wellbeing and productivity.

Through MGA Counselling Services, your employees can access **discreet, professional support** whenever they need it.

Why Offer an EAP for Your Business?

For small and medium-sized businesses, an EAP can:

Reduce absenteeism

Employees struggling with stress or personal issues often need time off. EAPs help them cope before it affects work.

Boost productivity

Happier, healthier employees are more engaged and efficient.

Improve staff retention

Supporting your team fosters loyalty and job satisfaction.

Enhance workplace culture

A caring, proactive approach to mental health creates a positive work environment.

mga Counselling SERVICES